



RUGBY CAMP

11-12-13 SEPTEMBER (HOPSAGASSE 5, 1200 WIEN)
HOSTED BY STADE RUGBY CLUB WIEN

RUGBY CAMP FROM U10 TO U18 IN WITH SERGIO ZORZI

60 CHILDREN AND 10 COACHES

LIMITED REGISTRATIONS : U10: 12 / U12: 12 / U14: 12 / U16: 12 / U18: 12

MOVEMENT

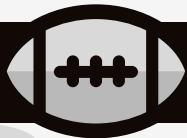
FUN



EMOTIONS

SKILLS

SINCE



2014

PERFORMANCE



paolocuoago.it



RUGBY AS SCHOOL OF LIFE

NATIONAL TEAM HEAD COACH, **SERGIO ZORZI** IS ONE OF THE MOST SKILLED AND EXPERIENCED DIRECTOR OF RUGBY IN ITALY. HIS METHODOLOGY IS BASED ON THE "PLAISIR DU MOUVEMENT" FROM THE FRENCH THEORIST PIERRE VILLEPREUX.

THIS MOVEMENT RUGBY PHILOSOPHY IS BUILT FROM AN EARLY AGE IN ORDER TO SEE RUGBY AS A WAY OF LEARNING TO LIVE. WE FIRST CONCEIVE OF RUGBY AS A MEANS OF EDUCATION WHICH SUBSEQUENTLY ALLOWS A PATH TOWARDS PERFORMANCE.

3 OBJECTIVES OF THE CAMP :

- FOR THE CHILDREN : TO HAVE FUN PLAYING RUGBY WHILE RECEIVING SOUND ADVICE FROM A RECOGNIZED EDUCATORS ;
- FOR THE COACHES : TO RECEIVE SOME TRAININGS INCLUDING WITH THE PEDAGOGUE ;
- FOR THE PARENTS : TO HAVE GLOBAL APPROACH FROM RECOGNIZED EDUCATORS AND THE PEDAGOGUE

A SESSION WITH THE PARENTS AND THE PEDAGOGUE IS PLANNED TO EXPLAIN THE IMPORTANCE OF SPORT IN EVERYDAY LIFE.



ORGANISATION OF THE CAMP

Day 1 – Induction Phase – 11/09/2020

Time Schedule	Session
18:00- 18:20	S0 : Meeting
18:20 – 19:00	S1: Touch rugby
19:00 – 19:30	QA Session

Day 2 – 12/09/2020

Time Schedule	Session
9:30 – 11:00	Normal Training Stade
11:00 - 12.00	S2: Individual skills & techniques & Assessment
12.00 -14.30 (Kids) 13.00 – 14.15 (Coaches)	Lunch Break – Kids Get together Learning Sessions for the coaches
14.30 - 15.30	S3: Unit Skills + Evaluation
15.30 – 16.30	S4: Game
16:30-18:00	Senior Team Game Stade Rugby Team A



SERGIO ZORZI : A VISIONARY

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FIGURES

15 SELECTIONS FOR ITALIAN TEAM
2 WORLD CUPS & SKILL COACH



STADE RUGBY CLUB WIEN



RUGBY LAB'
1888-1918-2018
WIEN VIENNA
AUSTRIA



ORGANISATION OF THE CAMP

Day 3 – 13/09/2020

Time Schedule	Session
8:30-9:30	Debriefing with Coaches and Parents
9.30 – 10.15	S6: Unit skills 1
10.30 – 11.00	S7: Tackling
11.10 – 12.00	S8: Unit skills 2
12.00 – 14.30 (Kids)	Lunch Break – Kids Get together + Session with Parents and Pedagogue
13.00 – 14.15 (Coaches)	Learning sessions for the Coaches
14:45 – 15.30	S9: Game situation semi touch
15.30-16.00	S10: match
16.00 – 17.00	S11: Global Debriefing



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1980 VIENNA
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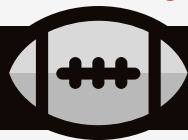
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PRICE :

Day 1 and Day 2 : 75€

Day 3 only : 55€

All camp : 120€

rugbylabvienna@gmail.com



RUGBY LAB'

TRAIN - PLAY - COACH
- 1200 VIENNA -
AUSTRIA

